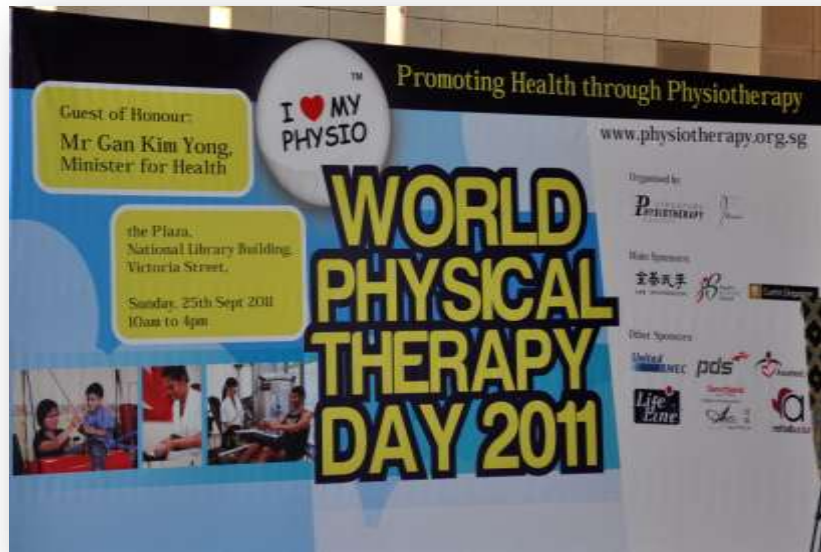


Singapore Physiotherapy Association Celebrates World Physical Therapy Day 2011



In Singapore, the physiotherapy community gathered on the 25th September 2011 to celebrate World Physiotherapy Day at the National Library Building.

The theme for the roadshow this year was “Promoting Health through Physiotherapy” with the aim of highlighting the role of physiotherapists in the prevention of disease and disability. Mr Gan Kim Yong, Minister for Health graced the occasion as the Guest-of-Honor and joined in the opening demonstration of Tai Chi by physiotherapists.



Arrival of Guest –of- Honor, Mr Gan Kim Yong,
Minister for Health.



Officiating the Opening Ceremony – unveiling the winning photograph of the Photography Competition



Opening speech by the Association's President, Low Hsien Chih.



Tai Chi Demonstration from TTSH
Physiotherapists



Participation from the audience.

A public forum on “Exercise and hypertension, hyperlipidemia and hyperglycemia” in both English and Mandarin drew active participation from the audience while a strengthening exercise session with resistive band attracted an enthusiastic crowd.



Public Forum – panel of speakers,
physiotherapists from various hospitals



A public asking a question.



Participants taking part in the resistive band exercise session,
guided by physiotherapists and students.

The day's event rounded up with a line dance performance and demonstration where the participants enjoyed greatly. There was also a photography competition based on the theme, held in conjunction with the celebrations this year.



Line dancing led by the Country Line Dance Association of Singapore

2011 is a special year for physiotherapy in Singapore as it also marks the 70th year physiotherapy has come to its shores. With the rapidly ageing population and rise in chronic illnesses, moving forwards, the local physiotherapy community continues to promote physical activity and exercise, thus keeping the population as healthy, mobile and independent as able.



We would like to express our appreciation to Lee Foundation, who has continuously supported our efforts and funded this community outreach event. Our warmest thanks to the Health Promotion Board, Curtin Singapore and the other sponsors and supporters, without which this event would not had been possible. To NCSS, MediaCorp and Radio 93.8Live, who have made publicity of event to the general public possible. To the hospitals, private practitioners and NYP students, thank you for your participation. Hope all of you did have fun.



The Event Mascots and Student Volunteers

Last but not least, our heartfelt gratitude to the volunteers from various hospitals and students, your enthusiasm and great support have been a tremendous encouragement and motivation to all of us in the Council. From the bottom of our hearts, a BIG THANK YOU to all of you!

*Lee Sin Yi
Public Relations Chairperson (2010-2011)
Singapore Physiotherapy Association
6 Oct 2011*