

# **Polishing Up Your Manual Therapy to Treat Spinal Conditions!**

**(Workshop Level I, Part 1, Lumbar spine and  
pelvis/hip complex)**

**11 and 12 February 2011 (Saturday & Sunday)**

by

**Mr Er Beng Siong, Musculoskeletal Physiotherapist,**

**Mr Lim Hun Teck, Principal Physiotherapist and**

**Ms Goh Ming Rong, Principal Physiotherapist**

**Organised by**



**SINGAPORE PHYSIOTHERAPY ASSOCIATION**

## Workshop Details:

**Date:** 11 February 2011 (Sat) 1-5pm (Inclusive of 1 teabreak)

12 February 2011 (Sun) 8.30am to 5.30pm (Inclusive of 2 teabreaks & Lunch)

**Venue:** Curtin Singapore

90 & 92 Jalan Rajah

Singapore 329162

Block D, Level 4, Clinical Education Laboratory

**Location map:** <http://www.curtin.edu.sg/current-students/map.cfm>

## REGISTRATION DETAILS

*Course fee:* \$280 per person for SPA Members/ \$330 for Non-Members

\$140 for Student Members (Special student rate of \$140 limited to only four applicants on a first-come-first-serve basis)

Last date for Registration is **3<sup>rd</sup> February 2012**. Seats are limited, and are expected to run out fast. Registration is on a first-come-first-serve basis. **Please confirm your registration before transferring your payment. Prior payment is required to secure the seat** upon registration.

- For Registration, Please email the following information to [secretary@physiotherapy.org.sg](mailto:secretary@physiotherapy.org.sg)

Name:

SPA No:

Mailing Address:

Email Address:

Mobile Number/ Contact Number:

Organization:

- Payment should be made via telegraphic transfer (TT) to Singapore Physiotherapy Association (SPA) **DBS Current A/C No. 028-007552-9** to confirm your seat. A receipt will be issued and given to you on the day of talk. Do note that there'll be no refund.

### **IMPORTANT:**

Please email the following details to [secretary@physiotherapy.org.sg](mailto:secretary@physiotherapy.org.sg) after transfer had been made.

1. Mode of Transfer E.g Internet, Atm, Telegraphic transfer
2. From which bank and account name
3. Acknowledgement number from bank
4. Scanned copy of bank advice (ATM Trf) or print screen of acknowledgement from the Bank (Internet Trf)
5. Date and Time of transfer and amount

**For enquiry, please contact:**

Tel: 9278 1211 or Email: [secretary@physiotherapy.org.sg](mailto:secretary@physiotherapy.org.sg)

## **The synopsis of the talk:**

This workshop is the first of the series, aims to POLISH UP your hands, to enhance your manual therapy skill, and clinical reasoning ability.

Ever wondered why experienced/expert clinicians are more effective in their treatment, compared to you applying the 'SAME' methods?! And thought how do they manage to get clients well within shorter period of time, with less effort?!

Course content will include:

- In depth discussion on relevant client's history
- Accuracy of your mobilisation grades
- Spinal mobilisation revisited / Correction of hand hold and techniques
- Analysing radiological assessment findings and relevance to clinical presentation
- Current literature review: tying science and “best evidence” to the real day to day of the clinic
- Communicating effectively with clients
- Useful condition specific treatment methods

## **Speakers Profiles**

Learn from the trainers, **Mr Er Beng Siong** (Musculoskeletal Physiotherapist, private practitioner), **Mr Lim Hun Teck** (Principal Physiotherapist, Raffles Hospital), and **Ms Goh Ming Rong** (Principal Physiotherapist, Changi General Hospital). All of whom are well established practitioners with extensive experience in patient care, and have seen good clinical outcome with their clinical reasoning and manual therapy skill.