Dear members,

At the recent AGM a new team of council members has been elected. This edition of the newsletter introduces each of the new council members. Each council member was asked to write about themselves. I hope that all members will provide their support and acknowledge the hard work and dedication of the council members and our association.

To the previous council, your hard work and dedication has laid the foundation for the newly elected team to take over and continue the work you have started. I thank you for all you have done on behalf of all members.

For those who have attended the Visioning Workshop, they would have heard from the speakers in terms of the issues that needed to be tackled for our profession in Singapore to scale greater heights. The excerpts and summarized versions of some of the keynote speakers are documented in this newsletter. I hope that everyone would take some time to read through the speakers' comments and ideas and be inspired to work towards our the vision of our association.

Carol Remedios
Newsletter Editor
“Tell me thy company, and I’ll tell you what art thou” Miguel De Cervantes (1547–1616, Spanish novelist, poet and playwright)

This was, in Cervantes’ opinion, what an association means to an individual. It was only when I recently came across this quote again that I got reminded of the fact that we are often defined by the company we are in. I know that I will always never stop being a physiotherapist no matter what my future brings me. This is the reason why I had decided to run for Council so as to continue to contribute to a profession that has given me so much joy and satisfaction.

For anyone who has known me before, this decision may come as a big surprise as I have been known to criticise the Association rather than to support it. I was, and in some ways, will always be a stern critic of the Association, in particular, in respect of how I feel the Association should do for the physiotherapy Profession in Singapore. I often lament on why it is taking so long for physiotherapy in Singapore to be registered and when will we ever get our own Bachelors Programme.

In fact in the recent newsletter from World Confederation of Physical Therapist (WCPT) regarding Physiotherapy entry level training in the Asian Western Pacific (AWP) Region, we find that we now have the unenviable status of only having 3-year Diploma Physiotherapy training programme, shared only with Cambodia and Afghanistan. Even countries like Myanmar and Philippines have a Bachelors Programme. Malaysia of course has the UKM 4-year Physiotherapy Bachelors programme. What may feel like a bigger slap on the face of all physiotherapists is that there is already talk of Cambodia considering a Bachelors programme under the University of Health Science.

It is not easy being a physiotherapist in Singapore. Not only are we constantly fighting for recognition from our fellow colleagues within the healthcare system in Singapore, we are also fighting to prove our worth to our Ministry of Health and the Singapore public at large.

I do not have ready answers to all these questions and I am sure you will agree that there are no quick and easy solutions to these too. The journey to solve these conundrums has been started by the last council led by Dr Celia Tan and the many capable Councils preceding her. As we should be grateful for what the previous Council has done for physiotherapy in Singapore so far, we should not rest until we can safely say that we have indeed made a difference to improve the state of the profession on this island.

An Association is only as strong as the support that it gets from the Professionals it represents. I have decided, along with a dedicated team in the Council, to improve our “Company” in Singapore. So can you.

Low Hsien Chih
President
Healthcare is undergoing changes in Singapore with three main challenges that we face daily. They are 1) An Aging population; 2) Rising healthcare cost and 3) Higher public expectations for quality and outcome of care provided.

To the physiotherapists, my message to you comes in two words – “Autonomy” and “Professionalism”.

To have “Autonomy” is to be able to practice evidenced-based physiotherapy. Whenever we face a medical problem, we should have research evidence gathered by physiotherapists, taught by physiotherapists and practiced by physiotherapists. To achieve evidenced-based physiotherapy, we must move our graduates from diploma holders to bachelor and master degree holders. Physiotherapists with research interests must be encouraged to pursue PhDs. Physiotherapists must seek to be an equal partner in a healthcare team where-ever we practice.

“Professionalism” separates us from other personnel trained in massage therapy. Putting our patients’ interest first and continuing professional development help us to deliver quality care and excellent outcome. Collaboration and cooperation with other institutions of excellence keep us engaged with a global network of physical therapists pushing the standard of care forward. Better communication skills and team learning will help us to be relevant in the changing healthcare environment.

Physiotherapists in Singapore must rise to these challenges. We must be a renowned discipline with patient bases in the region and beyond.
Dr Margot Skinner (PhD, MPhEd, DipPhty, FNZCP)
Deputy Dean School of Physiotherapy, University of Otago, Dunedin, New Zealand
WCPT Executive Member

Dr Margot Skinner is currently a member of the WCPT Executive Committee. She was elected as the Asia Western Pacific Region’s representative at the WCPT’s last General Meeting in 2007. Prior to that time Margot was the Chairperson of the Asia Western Pacific Region. She is a past President of the New Zealand Society of Physiotherapists. Margot works full time at the University of Otago, Dunedin New Zealand and is currently Deputy Dean of the School of Physiotherapy and Associate Dean of Clinical Studies.

Topic: Pros and cons for entry level training in the polytechnics and roles for SPA in the context of WCPT

The paper explored the philosophies behind two types of tertiary institutes – the polytechnic and the university – and discussed the best fit for physiotherapy education. For the profession to grow and develop its own body of knowledge it needs to be based in a university environment which builds education on a strong research foundation and promotes knowledge, critical thinking and intellectual independence. In the physiotherapy context the outcomes of such a learning environment will enhance the physiotherapy research base and ultimately lead to better outcomes for our patients. In the second part of the paper global priorities for the WCPT were explored, in particular the role the Singapore Physiotherapy Association can play as a WCPT member organization in the Asia Western Pacific. Priority needs to be given to entry–level physiotherapy programmes that address the population health needs for the decades ahead and the Association needs to focus its strategic plan on the same issues. They include the role of the physiotherapist in managing the impact on health from climate change, provision of physiotherapy services for an aging population, the physiotherapists’ role in reducing the health impact of non–communicable diseases; preparedness of physiotherapy profession for rehabilitating victims of global disasters and ensuring that the physiotherapy workforce can meet demands for service.

Future directions of physiotherapy in Australia by Mr. Jonathon Kruger, Keynote Speaker for Visioning Workshop 2010

Mr. Jonathon Kruger (BPhty, MPH)
Manager, Policy and Professional Standards Division
Australian Physiotherapy Association

Mr Jonathon Kruger is a physiotherapist who has worked for over fifteen years in the Australian public health system in senior management roles, lobbying, formulating advocacy campaigns and developing policy and programs aimed at enhancing the health and wellbeing of all Australians. He has substantial expertise and achievement in analysing and developing public health policy and programs in areas as diverse as climate change, men’s health, primary health care and the health workforce. He is currently the Manager of the Policy and Professional Standards Division at the Australian Physiotherapy Association. In this role he has responsibility for coordinating the policy and advocacy activities of the association as well as managing the Australian College of Physiotherapists.
Physiotherapy in Australia is going through a period of significant change. Some of the biggest changes are:

The way that we educate the profession:
- In recent years there has been a large increase in the number of entry level courses in Australia. There are now 18 different programs of study to become a physiotherapist and a number of these programs are Masters or Doctorate programs.

The way in which we regulate the profession:
- From 1 July 2010 the Physiotherapy Board of Australia will be operational and therefore physiotherapists across Australia will have to meet the same requirements to be registered and their registration will be recognised in all States and Territories.

The way in which we advocate on behalf of the profession:
- The Australian Physiotherapy Association is changing the way that we advocate. We have developed a policy development process that is more timely, more responsive and more effective that previously. As a consequence our advocacy efforts are now more timely, more responsive and more effective.

This presentation outlined some of the key changes and challenges facing physiotherapy in Australia at this time and provided an international perspective on some of the changes and challenges for physiotherapy in Singapore.

The Singapore Physiotherapy 4th Visioning Workshop was held on the 10th and 11th April 2010 at Nanyang Polytechnic. The theme for the Workshop was “SPA Visioning 2010: Transforming today’s Physiotherapy for tomorrow”.

Every 5 years, the Association embarks on a Visioning Workshop to chart the directions and focus of its professional membership. This is to meet the healthcare needs of the community and the Ministry of Health in Singapore as well as the professional needs of Physiotherapists and Physiotherapists-to-be working in Singapore. The Visioning Workshop planned for 2010 is aimed to:

1) Explore the various needs of the community in Singapore and those of the Physiotherapy profession.
2) Explore the strategies to meet these needs.
3) Outline the new challenges facing the profession, especially in terms of registration and recruitment
4) Review the entry level qualifications and specialist training needed by Physiotherapists working in Singapore

This one-and-a-half day workshop brought many physiotherapists from the various health settings and students together to hear and to brainstorm on how and where they would like the association to help lead the profession in the next five years.

On the first day of the workshop we were honored to have two overseas speakers, Dr Margot Skinner, Executive committee member for AWP region and Mr Jonathan Kurger, Manager of Policy and Professional Standards Division, Australian Physiotherapy Association to be our speakers and facilitators, our Guest of honor Prof Chan Yew Weng who is also our association current medical advisor graced us with his presence. We were also pleased to have invited our local distinguished physiotherapist from the various local setting eg public, private, ILTC to come and speak on different professional related issues.
The second day of the workshop was kicked off by our President Dr Celia Tan. She gave us a summary of what the speakers shared on the first day. We also had Dr Skinner and Mr Kurger who shared and encouraged the participants. The participants were subsequently placed in different groups according to the five focus areas to discuss on the strengths, weakness, threats and opportunity of each focus group.

During the recent AGM 2010 held in May, the Mission and Vision of each focus group were presented and was endorsed by the members.

The visioning workshop is only the beginning and a guide to see how the profession can move forward. It brought together renewed hearts and a love for the profession. I'll like to end by quoting Mr Kurger's words, "The Council is not SPA, YOU are SPA!".

Roselyn Choo
SPA Visioning Workshop 2010 Secretariat

Shawn Soh, Principal Physiotherapist of Jurong General Hospital had given us an interesting topic on Dry Needling. A scope of Physiotherapy Practice commonly mistaken as Acupuncture in Traditional Chinese Medicine. Dry Needling had been practised by the Physiotherapy profession under the acknowledgement of the World Confederation for Physical Therapy (WCPT) since the 1980s. It is currently practised in many regions around the world including Australia, Netherlands, Spain, Switzerland, the United Kingdom, New Zealand and more than 7 stated in the USA.

Trigger point Dry Needling, also referred to as intramuscular stimulation, is the application of a solid filament needle to stimulate specific reaction in the target tissue to produce therapeutic effects. Shawn outlined 2 main models for which physiological effects of Dry Needling was delivered – Radiculopathy model & Trigger Point model.

Dry Needling effectiveness had been demonstrated in such conditions as chronic low back pain, myofascial trigger point pain & posterior thigh pain.

It remains controversial and a challenge to practise Dry Needling for the local Physiotherapists mainly because of the current Traditional Chinese Medicine Practitioners Act (Chapter 333A), which has identified point stimulation technique (with or without insertion of needles) to be a technique in Acupuncture.

SPA Positional Statement on Dry/Medical Needling

A trained Dry/Medical needling physiotherapist should process a qualified Physiotherapy qualification and in addition, obtained an accredited certification or attended course(s) in dry/medical needling which are under the recommendations of the International Acupuncture Association of Physical Therapist (IAAPT).

The therapist should also practice Dry / Medical needling with compliance to the law and legal requirement of the jurisdiction set by the institute he or she practices in and the law of Singapore. The Dry/Medical needling physiotherapist will also have to bear his or her own professional indemnity and liability when applying such modality.
Mr Low Hsien Chih
President

Hsien Chih is an eight year old physiotherapist, started his career in Soldiers Performance Centre before moving on to National University Hospital. He spent most of his years there playing/torturing children and adolescents whilst always holding a soft spot for working with clients with sports injuries and improving workplace wellness. Being an avid sports fan and father of 2, he spends most of his free time watching/playing sports alone and with his 2 children. He is now working in Hospital Administration in NUH but still does home visits on an ad hoc basis in his free time.

Ms Mahadevi d/o Muthurethina Barathi
Vice President

I graduated from NYP in 1995, went on to do my Masters in Curtin in 2000. Throughout I've been working with TTSH, and a few short stints in private hospitals as locum at one period. I'm currently a Principal Physiotherapist. My main clinical areas are amputee rehabilitation and neuro physio with special interest in Parkinson's disease. I've just gone part time and have therefore cut down my clinical load, focusing more on administrative duties as of now. I've joined the Council, probably because I believe in what physiotherapists do, but found us being pushed around in our healthcare system. SPA and the Council would help physiotherapists speak in one strong loud voice. I look forward to the new term, and hope more physiotherapists join in our journey.

Ms Grace Lim Mei En
Honorary Secretary

Being in a position to give hope to someone overcomed a neurological insult brings me much joy and job satisfaction as a physiotherapist at SGH. After my studies at NYP in 2007, I went for my degree conversion at the University of South Australia. During my time there, I was an APA member and was involved in some activities and events. That was then i experienced how an association, when holistically managed, rigorously marketed could be such an audible, trusted and respected voice among its stake holders (the government, members of the community, patients and therapists). Every physio i knew was proud to be a member of the APA!

This challenged me to consider how it is also possible for our association to be that voice for our profession in our country. I hope that being in the council this term will place me in a position to play a part in striving towards this goal.
Ms Christina Shi Qin  
Honorary Treasurer

Ms Christina Shi graduated with a Diploma in Physiotherapy in year 2000, and obtained Bachelor’s Degree in Health Science (Physiotherapy) from University of Sydney in year 2003. She was also certified as an Exercise Specialist by American College Sports and Medicine (ACSM) in year 2002. She has extensive experience with acute care & cardiac patients. She is experienced in exercise prescriptions to different special populations, and was in the organizing committee for exercise prescription courses and ACSM course from year 2002 to year 2006. She is also a clinical supervisor for NYP physiotherapy students since year 2002. She conducts educational talks and classes for both internal and external clients. She is currently working as a senior physiotherapist, rehabilitation department in-charge in Jurong Medical Centre, Alexandra Health Pte Ltd. Some of her main interests are preventive medicines, patient education and out-patient rehabilitation. As a member of SPA, she hopes to contribute to the professional body, helping with its growth.

Dr Lim Boon Whatt  
Council Member

Boon Whatt started as a physiotherapist at TTSH in 1997. His first involvement with SPA was to organise the National Congress in 1999. He was in SPA Council from 2002 to 2004, as Honorary Secretary and Chairperson of the Admission Committee. Boon Whatt pursued a PhD at the University of Melbourne, and completed it in 2007 before joining Republic Polytechnic as an Academic Staff. He is currently the Programme Chair for the Diploma in Health Management and Promotion, and Technology Development Centre Manager for Wellness. He is a father of 3 boys and his interests are mainly kid-related activities.

Mr Chng Chye Tuan  
Council Member

As an avid sports person, I suffered quite a few injuries during my teens (and still do actually) and that started my interest in the management and prevention of sports injuries. Not till I entered the physiotherapy course did I realise that physiotherapy was so much more than treating sports injuries. Naturally I feel disappointed when the lay person associates physios with massage therapists as we are clearly more than that, with our extensive knowledge and capability in improving people's quality of life. My time in Australia has also spurred me to raise our standards and awareness of our profession to their level.

During my term as President of the SPA student council, I've got to appreciate the difficult work that goes into improving our profession. It gave me a chance to look at what we can do to change the physiotherapy landscape instead of lamenting about the status quo. At the end of my tenure, I hope to be able to rally my fellow physiotherapists to do their profession proud and then be proud of their profession.
Mr Derek Tan Kim Guan  
Council Member

Since graduating from NYP in 2005, Derek had worked as a physiotherapist at Ang Mo Kio Community Hospital and Alexandra Hospital. He is currently an executive in the Agency for Integrated Care doing care integration work. He has a keen interest in geriatrics and gerontology particularly in the areas of community reintegration, vascular health, palliative care and right siting of care for the elderly.

Derek joined the council in 2008 where he served as a council member overlooking continuous professional development. He hopes to serve and contribute to the professional body by raising the profile of community based physiotherapist and bridging the student body and the profession.

Mr Er Beng Siong  
Council Member

Having spent the last 10 years in a quiescent state in the professional community, I am now in a better position to engage in other professional commitments. I would like to see speeding up in processes, and provide private sector's viewpoints and concerns in policy matters.

Mr Michael Yan Yong  
Council Member

I am a passionate, caring and skillful senior physiotherapist with 11 years of clinical experience in National University Hospital, Singapore. I graduated from Nanyang Polytechnic in 1999 and obtained Master of Musculoskeletal and Sports Physiotherapy in 2007. With my knowledge and skills of musculoskeletal conditions, chronic pain, sports injuries and sports performance enhancement, as well as my experience with on-field physiotherapy for one S–League soccer club, I have been providing the best individualized care for various clients. I have been supervising many physiotherapy students during their attachments, and love to share my knowledge and skills with them. I am passionate to improve physiotherapy profession's clinical competency level and educational standards in Singapore. Therefore I am Honoured to be given the opportunity to be a council member of SPA and serve the physiotherapy community!

Ms Lee Sin Yi  
Council Member

My name is Sin Yi. I am into my third year of working in Tan Tock Seng Hospital (TTSH). Presently, I am enjoying my time with my geriatric patients in the wards and outpatients. I have previously worked in the community under the Continuing and Community Care Department in TTSH where we carried out group exercises and home therapy for the elderly living in one–room flats. The experience was an eye opener and I have learnt that as physiotherapists, our role extends so much more beyond that of the hospital. Hence, I hope that together our new council and the rest of the physiotherapists, we could bring our profession further and contribute to our local and international community in the years to come.
Ms Ni Ni Swe
Council Member

Ni Ni Swe has been working as a physiotherapist since 1990 at Yangon General Hospital. In 1997 to 1998, she worked at Penang Spastic Centre and then came to work in Singapore for 12 years from 1999 to 2010. My interest is doing volunteer work for children with special needs and shopping. I joined the Council because I would like to contribute something that I can help to SPA which has been given so many opportunities to us.

Ms Roselyn Choo Ying Ying
Council Member

Roselyn graduated from Curtin University, Perth, Western Australia in 2005. She has been working in TTSH for the past 4.5 years. Her interests include traveling and watching culinary shows. She decided to join the council so as to be able to give back a little to the profession.

Congratulations – Dinesh Verma

Physiotherapist Dinesh Verma was highlighted on the 15 March 2010 edition of the Financial Times. The article showcases his ambition and determination to succeed in his career. We congratulate Dinesh on his achievements.
The 7th Pan-Pacific Conference on Rehabilitation with the theme “Mind, Brain and Body”, jointly organized with The Hong Kong College of Family Physicians, will be held in The Hong Kong Polytechnic University, Hong Kong on 23 – 24 Oct 2010. There is 10% registration discount for SPA member. The deadline for abstract and workshop submissions has been extended to July 31, 2010. Please make abstract submission soon so as to enjoy the early bird rate. For more information, please go to http://www.rs.polyu.edu.hk/ppcr/. Below are the brochure and registration form.
## The Seventh Pan-Pacific Conference on Rehabilitation and 2010 Graduate Student Conference on Rehabilitation Sciences

Department of Rehabilitation Sciences, The Hong Kong Polytechnic University
Jointly organized with The Hong Kong College of Family Physicians

### Contact Details

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### Conference

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### Short Courses

| I  | See you Rehabilitation following Stroke: Neuroscience Foundations, New Evidence and Application to Clinical Practice - Prof. Leanne Carey 8:00am to 5:30 pm, October 22, 2010 | HK$1,040/US$145 |
| II | Mind-Body Skills and How to Teach Them – Prof. Victor F. Stargata 8:00am to 5:30 pm, October 22, 2010 | HK$800/US$105 |
| III| From gene to neural circuits, and to behavior: Neuroscience investigation – Dr. Ho Sin Sib and Prof. Norman Leow 8:00am to 5:30 pm, October 24, 2010 | HK$800/US$105 |
| IV | Designing Clinical Trials to Evaluate Mind-Body Interventions: An Experiential Workshop for Clinicians – Dr. Peter Michael Wayne 2:00pm to 5:30 pm, October 24, 2010 | HK$800/US$105 |

### Social Function

Conference Dinner on October 23, 2010 HK$400/US$52 per head

### Total Fee

- **Special package: 10% discount** (Full Conference & ONE short course)
- **Special package: 20% discount** (1. Full Conference, ONE short course AND Dinner) (2. Full Conference and MORE THAN ONE short course)

### Total Fee

- **Amount:** 10% discount
- 20% discount

**Note:**
The Full Conference registration fee includes free entry to the welcome reception, tea/coffee breaks and lunch; one copy of the final program and abstract book; and unlimited access to all plenary lectures, free paper presentations, workshops, and on-site exhibitions.

### Conference

* A 30% discount on the conference registration fee is offered to participants from mainland China.
* A 40% discount on the conference registration fee is offered to participants from low-income countries (according to the World Bank classification, http://www.worldbank.org/).
* A 30% Discount on the conference registration fee is offered to full graduates (those obtaining a Bachelor degree during or after 2007/2008). Evidence of the Bachelor degree award must be provided.
* All full-time students can enjoy this special rate on submission of evidence of current registered full-time student status.

### Payments

The registration fee can be paid by check or bank draft in Hong Kong dollars or US dollars, made payable to “The Hong Kong Polytechnic University” and posted to Conference Secretariat, The Seventh Pan Pacific Conference on Rehabilitation, Department of Rehabilitation Sciences, The Hong Kong Polytechnic University, Hung Hom, Kowloon, Hong Kong SAR.

Registration Cancellation: Cancellations made in writing to the Conference Secretariat on or before September 22, 2010 will be refunded 50% of the conference registration fee.

**Registration Form**

**Signature:**

**Date:**
The World Confederation for Physical Therapy (WCPT) becomes a member of the World Health Professions Alliance.

Press release

For immediate release 24 May 2010

The World Confederation for Physical Therapy (WCPT) this week becomes a member of the World Health Professions Alliance (WHPA) – the international organisation representing health professions. Other members include the global bodies for nurses, physicians, dentists and pharmacists.

The WHPA is now the world’s largest and most powerful body for health professionals. Through its five constituent professional bodies (see list below), which now include WCPT, it represents more than 600 national member organisations, speaking for 26 million health professionals in more than 130 countries.

WCPT’s normal independent campaigning and collaborations will continue. But by also joining a global voice for health professionals, WCPT believes physical therapists will have more influence on campaigning issues, and will have new opportunities to inform initiatives that could benefit millions of patients and service users.

“Joining this coalition gives us the opportunity to work collaboratively with the world’s other health professions, while in no way compromising our independence,” says WCPT President Marilyn Moffat. “By pooling our resources and expertise, we are able to tackle global health issues more effectively and ensure that patients/clients and health care systems benefit.”

For WCPT, the WHPA provides another communication channel between the health professions and key bodies in global health, such as the World Health Organization. The WHPA is particularly concerned with:

- public health
- patient safety
- human rights in health
- regulation of the health professions and collaborative practice
- health human resources and workforce issues
- health care systems
- counterfeit medicines

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WCPT Secretariat
Kensington Charity Centre • 4th Floor Charles House • 375 Kensington High Street • London W14 8QH • UK
T +44 (0)20 7471 6765 • F +44 (0)20 7471 6766 • info@wcpt.org • www.wcpt.org

The World Confederation for Physical Therapy (WCPT) represents the physical therapy profession worldwide; WCPT is registered in the UK as a charity.
The Alliance develops statements, fact sheets and advocacy tools on current health issues to influence policy and practice at global, national, and regional levels. It has brought together world health professions on several important initiatives in human rights, patient safety, tobacco control, health human resources and regulation of the health professions, and is currently running campaigns including:

- the Positive Practice Environment campaign for health professionals, focusing on quality workplaces that attract and retain staff, improve patient satisfaction, safety and outcomes, and deliver cost-effective services
- the Be Aware campaign to fight against counterfeit medical products

“The priorities and campaigns of WHPA are very much in tune with those of WCPT,” said Marilyn Moffat.

**WHPA member organisations**

The International Council of Nurses (ICN) – a federation of national nurses associations, representing the more than 13 million nurses working worldwide.

The International Pharmaceutical Federation (FIP) - the global federation of national organisations of pharmacists and pharmaceutical scientists representing more than two million pharmacists around the world.

The FDI World Dental Federation (FDI) - a federation of approximately 200 national dental associations and specialist groups representing more than one million dentists worldwide.

The World Medical Association (WMA) - the global federation of national medical associations from around the world, directly and indirectly representing the views of more than nine million physicians.

The World Confederation for Physical Therapy (WCPT) - the global voice for physical therapists/physiotherapists, with 101 national member organisations representing over 350,000 members of the profession.

For more information about WHPA
Go to: [http://www.whpa.org/](http://www.whpa.org/)

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**Call for Abstracts**

The main call for abstracts for World Physical Therapy 2011 is now open for:

* platform presentations
* poster presentations
* poster discussion sessions

All submissions must be made electronically via the WCPT website. For further details and to download a full copy of the call for abstracts and submission guidelines go to [www.wcpt.org/congress/abstracts](http://www.wcpt.org/congress/abstracts).

The closing date for abstract submissions is 15 September 2010.
With immediate effect, WCPT new address and contacts are:

**World Confederation for Physical Therapy (WCPT)**
Victoria Charity Centre  
11 Belgrave Road  
London SW1V 1RB  
United Kingdom  
T +44 (0)20 7931 6465  
F +44 (0)20 7931 6494  
All email addresses remain unchanged.

### Calling all Private Practitioners

If you are a private practitioners, please send us the following details to secretary@physiotherapy.org.sg.

There is a work group (Private Practice Charter) is being evolved to deal with issues for private practice. All private practice physiotherapists are encouraged to be involved.

For those who are SPA members, your details will be listed on SPA website under List of Private Practitioners.

### Welcome New Members!

**(April – May 2010)**

**Student Members**

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<td>Mr Koh Yi Fan Nathan</td>
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**Ordinary Members**

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Local Courses

SPA Education Talks
For enquiry, please call 9795 7535 or Email membership@physiotherapy.org.sg

9 Apr 2010
“Advocating for Change” by Mr Jonathan Kruger, APA

Courses by SGH-PGAHI
For Enquiries: Contact Mr Goh Zewei at 6323 7155 or Email goh.zewei@sgh.com.sg.

27 – 28 Aug 2010
Ergonomics Workshop

4 – 8 Oct 2010 (Basic Course)
11–14 Oct 2010 (Therapy I Course)
Dr. Vodder’s Manual Lymphedema Drainage (MLD) and Combined Decongestive Therapy
Basic & Therapy I Course

26 Nov – 17 Dec 2010
Bobath Courses in SGH
Bobath Normal Movement 2 day Workshop
Bobath Certification Course

1 Jun – 30 Nov 2010
Advanced Diploma in Physiotherapy

Overseas Courses
(Forthcoming Events from WCPT)

22 – 25 Jul 2010
Canadian Physiotherapy Association Annual National Congress
St John’s, Newfoundland, Canada
Email: tarakawa@physiotherapy.ca
Website: www.physiotherapy.ca

29 – 31 Jul 2010
Exercise and Physical Activity in Aging Conference
Blending Research and Practice
Indianapolis, USA
Website: www.expaac.org

30 Jul – 1 Aug 2010
Dynamic Neuromuscular Stabilization (DNS)
Rehabilitation Centre, Gleneagles Hospital,
Kuala Lumpur, Malaysia
Email: yllim12345@gmail.com
Website: www.gimc.com.my

18 – 21 Aug 2010
II Congress of the South America Region of WCPT
Santiago, Chile
Email: info@congresoclafk2010.com
Website: www.congresoclafk2010.com
8 Sep 2010
World Physical Therapy Day

10–11 Sep 2010
2010 Bone and Joint Decade Global Network Conference
Lund, Sweden
Website: www.bjdonline.org

10–13 Oct 2010
2nd World Health Summit
Website: www.worldhealthsummit.org

9–12 Nov 2010
7th Interdisciplinary World Congress
Los Angeles, USA
Website: www.rs.polyu.edu.hk/ppcr

23 – 24 Oct 2010
7th Pan–Pacific Conference on Rehabilitation
The Hong Kong Polytechnic University, Hong Kong
Website: www.worldcongresslbp.com

25–26 Oct 2010
PhysioEurope and Beyond
Challenges for Physiotherapists working in end–of–life–care
Website: www.stchristophers.org.uk/physioeurope

9–10 Nov 2010
European Conference on Rehabilitation (ECRI)
"The United Nations' Convention on the Rights of Persons with Disabilities and Rehabilitation in Europe: – Effects on Individuals and Rehabilitation Management"
Copenhagen, Denmark
Email: jan.johansen@stab.rm.dk
Website: www.riglobal.org/documents/annnouncement 2010.pdf

9–12 Nov 2010
7th Interdisciplinary World Congress on Low Back & Pelvic Pain
Los Angeles, USA
Email: info@worldcongresslbp.com
Website: www.worldcongresslbp.com

19–21 Nov 2010
Nepal Physiotherapy Association National Conference and General Meeting
Kathmandu, Nepal
Email: nepalphysio@yahoo.com