

President's Message



Dear Physiotherapy Colleagues and Friends,

The time has come again for us to celebrate World Physiotherapy Day 2022! After nearly 3 years of combating COVID-19 as a nation, we are learning to live with endemicity. While it has been a challenging period for everyone, we are grateful that our physiotherapy community has grown closer and stronger together in many ways.



Importantly, COVID-19 highlighted the role of physiotherapists in various areas of rehabilitation, including cardiopulmonary physiotherapy previously less commonly known by the general public. It has also drawn attention to some of the potential gaps in service provision cross island, as we worked in hand-in-hand to support rehabilitation and community re-integration for people with COVID-19. Collaborative efforts need to continue across sectors, in order to bridge the various organizational and cluster-level initiatives.

Beyond the pandemic, the recent national movement towards Healthier SG and population health provides a valuable opportunity for our profession to reflect on our evolving roles moving forward. What is the potential for the physiotherapy community, in advocating for better quality of life, disease prevention and health promotion? How can we work hand-in-hand, with the ONE-Rehab launch, to enhance the quality of rehabilitation and patient, family experience along the continuum of care?

This Physiotherapy Day, I am both glad and relieved that we will have the opportunity to meet up physically during membership night, after a hiatus of 3 years, as we announce our winners for SPA Physiotherapy Awards 2022. It will be a night of camaraderie, and delightful discovery of what can be possible when physiotherapists come together for fun, food and games! I hope that many of you would have registered for the event and looking forward to seeing everyone.

On this special day, SPA would also like to thank you for your continuous commitment, strength and determination in serving the nation, notwithstanding all odds. As we move to the next chapter of our profession charting the journey towards population health, let's take courage that we have one another's back, no matter what lies ahead.

Do join us in our upcoming visioning, as we think, dream, believe and dare as a profession. More details will be shared in the upcoming weeks. Meanwhile, please take care, stay safe and keep well!

Finally, here's wishing everyone a very Happy Physiotherapy Day 2022!

Carpe Diem!

Yours truly,
Lee Sin Yi
50th President
Singapore Physiotherapy Association