

Dr Shamala Thilarajah is a Senior Principal Physiotherapist at Singapore General Hospital (SGH). Dr Thilarajah has been a physiotherapist since 2004, having completed her Bachelor of Applied Science (Physiotherapy) in 2003, Master of Health Sciences (Neurological Physiotherapy) in 2008 and her PhD (Doctor of Philosophy) in 2018. Her research interest is in translating evidence to practice and life after stroke. Having trained as a physiotherapist in Sydney and London before returning home to Singapore in 2012, Dr Thilarajah has worked across the continuum of care in stroke. She believes in equal access to social participation for people with disabilities. She is an avid volunteer with Singapore National Stroke Association (SNSA) since 2015 and currently holds the position of President in SNSA.