

# ENGAGE

Quarterly newsletter by the Singapore Physiotherapy Association

## About Us



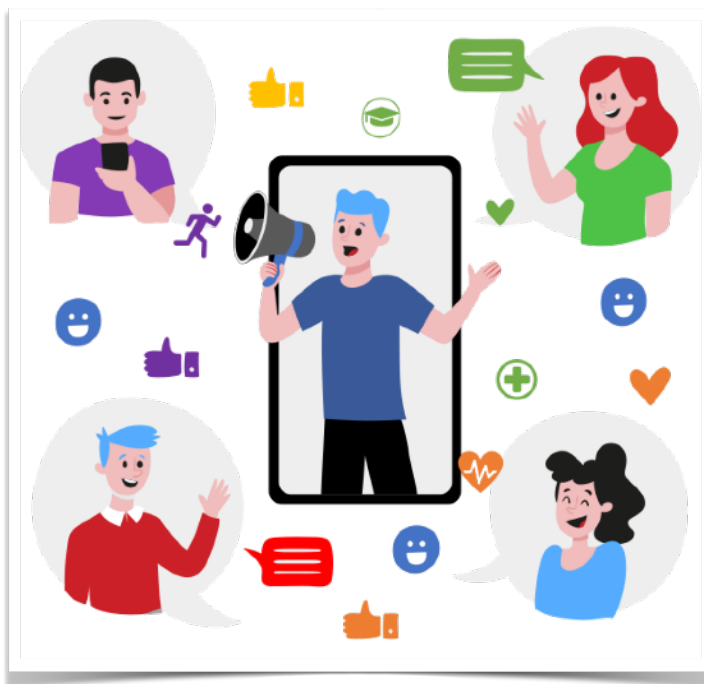
Founded in 1964, the Singapore Physiotherapy Association is the only association that represents physiotherapy in Singapore. We are registered under the Registry of Societies Singapore, and a member of World Physiotherapy.

### Our Vision:

To be united as one voice and to advocate for high standard of physiotherapy in Singapore.

### Our Mission:

- Encouraging high standards of physiotherapy practice education and research.
- Promoting safe, effective, and proven clinical standards and practice.
- Supporting and uniting physiotherapists in Singapore and beyond.



## President’s Address

Dear Physiotherapy colleagues and friends

THE Singapore Physiotherapy Association (SPA) has recently launched our new membership portal, with the aim to better connect members of our profession. At the same time, we have been working hard to plan a series of outreach through public education, webinars for physiotherapists, as well as increasing awareness about our profession. You may have seen some of our works on our social media platforms.

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## We're Going Digital!

SPA is also riding on the digitalisation movement and have been rapidly expanding our capabilities through various platforms. Apart from our Facebook, Instagram and Twitter handles, we have started a YouTube channel for our videos and Spotify where you can tune in to Physio Chats, our very own podcast!

SO what are you waiting for? SPA Council invites you to be part of the **only** association that represents Physiotherapy in Singapore. We look forward to your participation and continuous support!

- **Lee Sin Yi, 49th SPA President**



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## Membership At Your Fingertips

To improve our engagement and minimise administrative work, SPA Council has invested on a new platform that can host our website and provide members easy access to their benefits. Introducing Wild Apricot!



### What is Wild Apricot?

Wild Apricot is our newly launched, one-stop online portal where you can access your SPA membership profile, sign up for events or participate in a members-only forum.

### Features

1. Convenient
  - Accessible from your phone browser or mobile app
2. Integrated
  - Access directly from our website by clicking the login button
3. Comprehensive
  - Update particulars and contact details
  - Register, view and and get updates about related events
  - Access to members-only forum

“We chose Wild Apricot as it provides our members with a convenient and integrated membership experience, and simplifies backend processes! C’mon join SPA now!”

- **SPA Membership Committee**



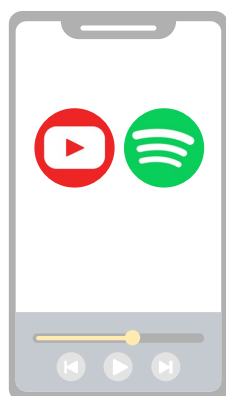
<https://tinyurl.com/joinsgphysio>

## Creating Content

At SPA Corporate Communications Committee, a lot of effort and resources go into producing content to engage physiotherapists and the public. Magic happens when passionate physiotherapists work together. That's why we continue to collaborate with the SPA Education Committee, as well as physiotherapists from all backgrounds and settings to produce relevant and helpful content!



The SPA Education Committee has been working to support you in your learning. We strive to create quality physiotherapy educational materials and disseminate relevant research findings in a bite-sized manner so that busy clinicians can get update knowledge quickly and effectively. Together with SPA Corporate Communications and our Special Interest Groups (SIG), we have produced several infographics and webinars.



“Thank you for the great support and feedback! We aim to continue our educational effort on a regular basis!”

- **SPA Education Committee**

## Greater Reach

With COVID-19 accelerating the transition to digital platforms, we decided to publish our content on YouTube and Spotify to allow our followers to access our content easily while on the go. Do check us out on Spotify - simply search for Physio Chats, our new podcast series. You can also assess more content on our YouTube channel. Together with the SPA Education Committee, we will continue to post bite-sized information on Facebook, Twitter and Instagram!

“We hope our efforts to make good, accessible content will prove useful to physiotherapists and the public! Join us if you're a passionate physiotherapist looking to contribute to the profession and learn new skills!”

- SPA Corporate Communications

## Singapore International Physiotherapy Congress SIPC 2021

For the very first time, SIPC 2021 will be held online. Register now!

For more information, log on to:  
[www.physiotherapy.org.sg/SIPC2021](http://www.physiotherapy.org.sg/SIPC2021)

## The Team

### 49th SPA COUNCIL (2020 - 2022)

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Sub Committee:  
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*Infographics by Slidesgo.com*

Like what you see?

Want to contribute?

Email us at

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